

FURTHER INFORMATION

Further information on Endermologie can be obtained at www.Endermologie.com or by calling LPG USA at 1-800-222-3911. More information on Hyperbaric Oxygen can be found at www.Hyperbaricservices.com or by calling Hyperbaric Services of America at (877) 472-4268.

For additional information on Functional Medicine, you can contact the Institute of Functional Medicine at (800) 843-9660/(253) 851-3943. You can also access the Functional Medicine website at: www.fxmed.com.

Training Opportunities at CenterIMT

CenterIMT at Regional Physical Therapy

800 Cottage Grove Rd. Suite 211 Bloomfield, CT 06002 (860) 243-6571/Fax 243-6579 1-877-IMT-21st	2260 Main Street Glastonbury, CT 06033 (860) 657-4471 Fax 657-8739
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CenterIMT at Desert Light Health Associates

4101 Montgomery Blvd., NE
Albuquerque, NM 87109
(505) 878-0470 Fax (505) 878-0543

Dialogues in Contemporary Rehabilitation (DCR) The Learning, Research & Resource Center for Integrative Manual Therapy™

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COMPLEMENTARY SERVICES

Center
IMT

Integrative Manual Therapy and Diagnostics



COMPLEMENTARY SERVICES

At CenterIMT, we offer several services that are complementary modalities to Integrative Manual Therapy. They include Endermologie, Functional Medicine, acupuncture and Hyperbaric Oxygen treatment. The following information provides an interesting perspective on Endermologie and Hyperbaric Oxygen in conjunction with Integrative Manual Therapy.

ENDERMOLOGIE

The Endermologie program is part of our approach to improving the structure of the lymphatic and immune systems. Designed in France for the treatment of lymphedema and other medical conditions, the Endermologie machine is used in the United States primarily for cellulite treatment. The reason it has been successful with both lymphedema and cellulite is that both conditions are caused by dysfunctions of the lymphatic system resulting in an accumulation of fluid and toxins in the tissue. This also leads to adhesions of the connective tissue and a lack of tissue flexibility.

The equipment from LPG USA helps drain excess fluids by creating a suction effect with nozzles, which looks somewhat similar to a vacuum cleaner attachment. The amount of suction and frequency of suction can be varied by the therapist and the treatment should be comfortable for each client. The suction effect mobilizes excess fluid and moves fluid and toxins through the lymphatic system where they can be more effectively dealt with than if they stay trapped in the tissues.

The reason this approach is so successful in conjunction with Integrative Manual Therapy is that once the fluid and toxins are moving, the IMT hands-on treatment helps correct the structure of the lymph nodes, the liver, and kidneys, that are over-whelmed by the excess fluids. The IMT work also helps repair problems in areas having a deficient immune response to the toxins. Without an approach such as IMT, the reason for the swelling and toxicity in the tissues is an ongoing problem and treatment becomes a part of a maintenance program rather than the recovery program it is at CenterIMT.

If assessment in our clinic shows that a client can benefit from Endermologie treatment, they book an appointment specifically for the Endermologie with one of our therapists trained in this modality; they dress in a special nylon body suit, which enables the therapist to glide the nozzle over the body surface. The client lies on a therapy table and the treatment typically lasts an hour with pre and post assessment.

PLAN A PROGRAM

Plan A includes one hour of Endermologie, followed by two or more hours of Integrative Manual Therapy and then on the same day, if possible, a Hyperbaric Oxygen treatment.

There is a benefit to doing all three modalities in combination. The Endermologie mobilizes the fluids and toxins; the Integrative Manual Therapy treats the causes of the excess fluid and helps the person detoxify their system; the Hyperbaric Oxygen treatment then infuses the tissues with oxygen, which is an important nutrient in the recovery of injured tissues.

HYPERBARIC OXYGEN

The client that participates in the Hyperbaric Oxygen program schedules an appointment with Hyperbaric Services of America. The client must complete an evaluation form, and have a referral from their MD for Hyperbaric Oxygen treatment. Considerations with this treatment include the individual's medical history and any appliances such as shunts or implants. Clients should be aware that flying is not permitted within 12 hours before or after Hyperbaric Oxygen treatment since the client receives 100 percent oxygen and is pressurized during the treatment.

FUNCTIONAL MEDICINE

CenterIMT recognizes the value of Functional Medicine for recovery and rehabilitation. Functional Medicine provides support for healing of physiology with nutritional elements: food, medicines and specific supplements. This field of health care assists the individual in achieving their genetic potential.

At CenterIMT, we are doing whatever is possible to provide exceptional recovery opportunities. The Director of the Functional Medicine program at CenterIMT is Tom Giammatteo, DC, PT, IMPC. Our associate, Dr. John Furlong, Naturopathic Physician, works up to 5 days each month at CenterIMT Bloomfield. Dr. Furlong lives and works in North Carolina, teaching and consulting for Great Smokies Diagnostic Lab. He is an expert in assessment and treatment with Functional Medicine. When John started working with CenterIMT Bloomfield, he committed to clinical research with our facility in order to provide optimal health care for all client populations.

Jeffrey Bland, Ph.D. founded The Institute of Functional Medicine in Gig Harbor, Washington. Many of our practitioners are currently studying under Jeffrey Bland and have participated in the Functional Medicine school program. Biochemistry is now a focus within CenterIMT. Mentors for our clinic include Len Goldberg, from Metagenics, who has contributed to our educational program.